

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helena Silver**

Has successfully participated & completed the  
**10km GoSport Sunset Run @ Cowhouse**  
held at Cowhouse Market.

**TIME 01:19:07**

**PACE 07:54/km**  
**OVERALL 46 of 58**

**GENDER 17 of 26**  
**40 - 49 7 of 10**

21 December 2019, Sat  
Date



BoutTime  
Signature

